Joining a meeting by phone only

1. Dial the in-country number.
   US: **+1 312 626 6799**

2. You will be prompted to enter the **meeting ID** - the nine (9), ten (10), or eleven (11) digit ID provided to you by the host, followed by #.

   **Webinar ID:** 119 476 696

3. If the meeting has not already started, you will be placed in the waiting room. Please wait for the meeting to start.

4. You will be prompted to enter your unique participant ID. This only applies if you have joined on the computer or mobile device or are a panelist in a webinar. Press # to skip.

   If you join by computer or mobile device later, you can enter the Participant ID to bind your phone and device session together and show your video when you speak on the phone. To enter your participant ID once you are in the meeting, enter **#Participant ID#** on your phone.

**Phone controls for participants**

The following commands can be entered via DTMF tones using your phone's dial pad while in a Zoom meeting:

- ***6** - Toggle mute/unmute
- ***9** - Raise hand